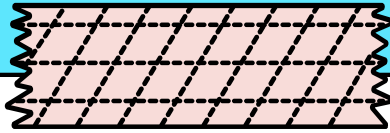




Here's How It Works



You'll start on the beach and finish on the steps, with distances suitable for a wide range of swimmers:

3K (Age 14+) – £50

1500m (Age 13+) – £40

750m (Age 12+) – £32

Swim for It's in the Bag

If you'd like to take on the Dawlish Swim in support of It's in the Bag, we'd love to hear from you. Plus, we've teamed up with Own The Adventure to create eco-friendly men's swimming trunks with a mission:

- 👉 Encourage regular self-checks
- 👉 Raise awareness of testicular cancer
- 👉 Protect our planet

Each pair includes a cheeky 'check your buoys' reminder and a self-check card. Made from recycled ocean plastics, perfect for cold-water and open-water swimming, and a portion of proceeds supports It's in the Bag.

This is a brilliant autumn swimming challenge for anyone looking to push themselves, try something new, or enjoy a memorable day by the sea, and don't forget to buy your trunks.<https://www.owntheadventure.co.uk/>